

**Saskatchewan**

**West Central Crisis and Family Support Centre** (Central Saskatchewan) Mon - Fri 9 am - noon, 1 pm - 5 pm at 306-463-6655 (After Hours: 306-933-6200)

**Northeast Crisis Line** (North Saskatchewan) – 24/7 Hours 1-800-611-6349

**Prince Albert Mobile Crisis Unit** – Mon - Fri 4 pm - 8 am, Sat - Sun 24 hours 306-764-1011

**Regina Mobile Crisis Services** at 306-525-5333

**Saskatoon Mobile Crisis** at 306-933-6200

**Crisis and Suicide Prevention Services Canada** at 1-833-456-4566